Help and advice

Shortly after their birth, all babies born with a cleft will have a feeding assessment by a Clinical Nurse Specialist (Cleft Nurse) from their regional NHS Cleft Team.

The Cleft Nurse will tell you what kind of bottles and teats your baby needs. Please speak to your nurse first if you have any

questions or concerns about feeding your baby, or using these bottles and teats.

The Cleft Lip and Palate Association (CLAPA) is a small, national charity working to improve the lives of people affected by cleft across the UK. We are not part of the NHS, but work closely with Cleft Teams to support parents, carers and patients.











Frankie (front cover

at three years old

MY CLEFT TEAM:
MY CLEFT NURSE:
CONTACT NUMBER:
RECOMMENDED BOTTLES:
RECOMMENDED TEATS:

HOW TO ORDER

Visit CLAPA.com/Shop to place an order on our website. Leave a message on 020 7833 4883 if you would like a callback.



CLAPA is a Registered Charity England & Wales (1108160) and Scotland (SC041034)

MAM



B35 MAM soft bottle

270ml / approx 9oz

A large, standard-necked bottle which can be gently squeezed to express milk into a baby's mouth. **Teats are not included.**



T25 MAM vented newborn teats (size 1)

T26 MAM vented all ages teats (size 2)

T27 MAM non-vented teats (size 2)

Orthodontic teats for use with MAM soft bottles. Vented teats have a small slit on the side to help eliminate extra air during feeding. Teats are made of soft latex and will swell up with use. They must be replaced every 3 to 6 weeks.

Dr Brown's



A Bottle and teat pack small (4oz/120ml)

Bottle and teat pack large (8oz/235ml)

Packs include 2 x bottles (4 or 8 US oz), 2 x level 1 teats, 2 x level 2 teats, 2 x feeding valves, and 1 x cleaning brush. Dr Brown's Speciality Feeding System uses a valve to let babies control the flow of milk.



A Preemie teats

D Level 3 teats

B Level 1 teats

E Level 4 teats

Level 2 teats

Made of super-soft, high-grade silicone. Pack of two teats.



DBS Microwave sterilising bags

20 uses per bag, instructions included.

Other bottles and teats



T31 Softplas scoop

Standard size, fits to MAM bottles the same way as a teat.

Welcome Packs and free-of-charge items

CLAPA can provide one free Welcome Pack of bottles and teats per baby. You can order your Welcome Pack by visiting CLAPA.com/WelcomePack or emailing info@clapa.com

CLAPA can provide extra free-of-charge items to families in need. If you are struggling to pay for the bottles and teats you need, ask your Cleft Nurse to contact us on your behalf. We can only accept referrals for free items from a Cleft Nurse.

Not sure what you need? Ask your Cleft Nurse Specialist. CLAPA Staff are not medically trained and cannot give feeding advice.

Postage

UK families: Royal Mail first class

1 to 5 working days

Orders are dispatched on Mondays and Thursdays. To help keep costs low, there are no time slots, guaranteed delivery dates or tracking available for these orders. Delivery dates and times will depend on your <u>local postal service</u>.

Please check with your local sorting office before contacting CLAPA about a missing order, as you may not always receive a card about a missed delivery.

International families

3 to 14 working days

NHS Trusts and other large orders

3 to 14 working days

Order your bottles and teats



Scan the code or visit CLAPA.com/Shop to place your order and see the most up-to-date prices and delivery information